Rolling v/s Sliding

Solution:

The correct answer is c.)

For the weight that rolls, energy conservation yields:

$$mgh = \frac{1}{2} \left(mv_{rolling}^{2} + I\omega^{2} \right) \Rightarrow mv_{rolling}^{2} = 2mgh - I\omega^{2}$$
$$\Rightarrow v_{rolling}^{2} = 2gh - \left(\frac{I}{m}\right) \left(\frac{v_{rolling}}{r}\right)^{2} \Rightarrow v_{rolling}^{2} \left[1 + \left(\frac{I}{mr^{2}}\right)\right] = 2gh$$
$$\therefore v_{rolling} = \sqrt{\frac{2gh}{1 + (I/mr^{2})}}$$

Rolling v/s Sliding

In the case of the weight that slides, *all* of its initial (stored) potential energy is converted to translational kinetic energy:

$$mgh = \left(\frac{1}{2}\right)mv_{sliding}^2 \Longrightarrow v_{sliding} = \sqrt{2gh}$$

Clearly, the speed of the weight that slides is greater, since:

$$\left(\frac{I}{mr^2}\right) > 0 \Longrightarrow v_{rolling} < \sqrt{2gh}$$

Note that we do not require the exact expression for the moment of inertia (I) of the slotted weights, to make this prediction!