Physics 151 Reading Assignment for October 29 Sections 8.3 and 10.4-10.6

Please notice that this file is two pages long.

8.3 - Springs and Hooke's Law

- Hooke's Law the amount of force needed to stretch a spring increases linearly with *stretching* distance.
- Spring can push or pull depending on whether they are compressed or stretched.
- The spring constant has units N/m.

10.4 - Elastic Potential Energy

- Go back and pay special attention to the section on the potential energy due to a spring = elastic potential energy.
- I prefer to use the equation $U_{el} = 1/2ks^2$ to stress the fact that we need to use how far the spring has been stretched (or compressed).
- Be careful with the book's assertion on page 304 that we can set zero
 potential energy anywhere we like. That's kind of true, but we still
 need to measure the distance, s, from the unstretched position of the
 spring.

10.6 - Using the Law of Conservation of Energy

- Again, I'll mix introducing potential energy and using it to solve problems.
- On Monday, we'll discuss elastic potential energy and then how to use it to solve problems.
- Examples 10.12 will be similar to those in class.